

# THE HOSPITAL OF GOD

*-HERE FOR EVERYONE-*

## Minerva House

St Mary's Court, Horden, SR8 4DQ



Further information



Minerva House is our dementia specific day centre which is based in Horden, near Peterlee, County Durham. Our centre has been designed specifically with the needs of people with dementia in mind, and we aim to promote best care and practice at all times.

Minerva House is a large, yet comfortable, resource which is open to any person with a diagnosis of dementia or memory problems who lives in the areas surrounding Horden. Our in house facilities include:

- A large and comfortable lounge which is decorated with local history mementos to stimulate conversation and reminiscence. We have a wide range of books and board games on offer, as well as a wide screen television with karaoke machine, so that a wide range of interests can be encouraged.
- A dedicated dining room where guests can enjoy a hot meal whilst sitting down with their friends.
- A library room which is filled with objects for reminiscence, as well as providing a quiet space upstairs for guests who want this.
- A garden room, which is filled with growing plants underneath the skylights. This gives guests who have an interest in gardening to be able to grow their own plants. We even have a specially decorated shed in the corner for potting!
- An upstairs kitchen which is fully accessible for guests who want to enjoy cooking and baking activities.
- A crafts area where people can enjoy creating their own art work if this is their interest.
- An outdoor courtyard complete with barbeque and awning for enjoying warm summer days.
- A purpose built bathroom for personal care and bathing needs.



*Enjoying the garden room!*

## OUR STAFF

All of our care staff are trained to a minimum of NVQ level 2 in care.

We have an ongoing training programme which includes health and safety, moving and handling, medication and adult safeguarding. All of our staff also undergo dementia specialist training, including communicating with people with dementia, the GEMS model from American dementia specialist, Tipa Snow, and the Dementia Friends programme from the Alzheimer's society.

Every member of staff is part of a team, which results in the best possible care for each individual.

## Transport

We have our own minibus at Minerva House, and transport to and from the centre is offered at a cost of 40p per mile.

We also use the minibus for regular trips out in summer time. Guests have enjoyed days out at the beach, parks, museums and many other local locations which may be of interest.



## APPLYING FOR A PLACE

If you or your relative is interested in a place at Minerva House, you can contact the centre directly to arrange to come and look around. If you wish to apply to come to Minerva House, a member of our team will meet with you to talk about your care needs and the sort of service that we provide. Among the areas that will be discussed are:

- Personal care needs and wellbeing
- Any particular needs relating to medication, falls, continence, mental condition or mobility
- Your hobbies and interests

This information will be put into a personalised care plan for you when you start. After 3 months of coming to Minerva, we will hold a review to see how you are getting on in the centre.



## OTHER SERVICES

### Carer Support

As well as providing a service for guests with dementia, we also support carers through our Carer Support Worker who provides information, practical help and social activities.

If you need help or just a friendly voice at the end of the phone, call the centre on the number below and Tracy will be happy to speak to you.

This is a free service.

### Coffee Mornings, Memory Lane Cafes & Fundraising Evenings

We also run a number of events at Minerva House which are open to the general public, including coffee mornings, memory lane cafes and fundraising events. These are held at regular periods throughout the year. Check our 'What's On' page, and our blog on the website for more details of when these are coming up!



## FEES

The present cost of a full day at Minerva House is currently £34.00

Transport to and from the centre is at a cost of 45p per mile.

Lunch is an additional £5.00.

There is no additional cost for bathing or other personal care needs.

## CONTACT

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